

LINDEN HOUSE THERAPY ROOM

List of available Treatments

- **Body treatments**

Aromatherapy Back Massage

Anti stress back treatment
(an invigorating facial for the back!)

Swedish Massage
(Ladies only)
Classic deep pressure massage improving circulation thus toning skin
(arms/thighs/buttocks)

Body wrap

Detoxifying algae wrap – gentle exfoliation followed by application of gels rich in enzymes and minerals to aid elimination of toxins boosting metabolism

- **For the Face**

Aromatherapy Facial
Cleanse / Vaporiser consisting of aromatherapy oils and water to prepare the skin for a relaxing facial massage

- **For the Eyes**

Eye brow Shape

Eye brow tint

Eye lash tint

- **Waxing**

- **Paraffin Waxing**

Rich and enveloping warmth gently applied to skin giving comforting heat and replenishing moisture to the skin
(great for tired feet or hard working hands)

- **Chiropody Treatment**